

CAMPUS EMERGENCY NUMBER: 401-863-4111

Brown Student Health Services: 401-863-3953

(Monday–Friday, 8 a.m. to 4 p.m.; by appointment only)

Brown Student Health Services 24/7 Nursing Advice: 401-863-3953

Brown University 24/7 Emergency Care and Transport: 401-863-4111

Brown University Urgent Care (off-campus): 401-606-2590

(Monday–Friday, 8 a.m. to 8 p.m.; Saturday–Sunday, 8am–6pm; walk-ins available)

Quick Triage Guide

CALL EMS IMMEDIATELY (401-863-4111)	CALL HEALTH SERVICES (401-863-3953)
Cardiovascular & Breathing: <ul style="list-style-type: none"> Chest pain out of nowhere Sudden difficulty breathing 	Headaches: <ul style="list-style-type: none"> A headache that has lasted longer than 24 hours
Neurological & Trauma: <ul style="list-style-type: none"> Fainted for no reason or while active Dizzy when standing up or moving around Hit on the head & experiencing dizziness, blurry vision, headache, nausea, or fainting Struck on the body & bleeding/unable to move part without pain 	Fatigue & Systemic: <ul style="list-style-type: none"> Persistently tired no matter how much sleep you get Symptoms lasting >24 hours with no relief from OTC meds: sore throat, cough, congestion, rash, or irritated skin
Severe Gastrointestinal: <ul style="list-style-type: none"> Nauseous and have vomited multiple times 	Mild to Moderate Gastrointestinal: <ul style="list-style-type: none"> Stomach pain hurting for longer than 24 hours Nauseous for longer than 12 hours Have not eaten full, consistent meals for more than 2 days
Allergic Reactions: <ul style="list-style-type: none"> Experiencing an allergic reaction and have already used an Epi-Pen Possible allergic reaction making it difficult to breathe 	Urinary & Elimination: <ul style="list-style-type: none"> It hurts to go to the bathroom Unable to use the bathroom for longer than 24 hours
Chronic Medical Flare-ups: <ul style="list-style-type: none"> Flare-up you cannot manage AND you are NOT stable enough to wait to speak to a doctor 	Chronic Flare-ups & Minor Injuries: <ul style="list-style-type: none"> Flare-up you cannot manage, but you ARE stable enough to wait to speak to a doctor Minor injury where pain has persisted for longer than 24 hours
Mental Health Crisis: <ul style="list-style-type: none"> Experiencing suicidal thoughts or thinking of harming yourself 	

What should I expect when I call for Emergency Medical Services?

Information to provide when calling:

- First and last name:** Please provide your legal name.
- Exact location:** The more specific you are, the easier it will be to find you and give you care in a timely manner.
- Your emergency:** What has happened or what is causing you to feel unwell?
- Details about your injury or illness.
- Your cell number/contact number.

More information that EMS might need when they arrive:

- Age:** EMS will need to know your age to determine how to proceed with your care.
- Preferred vs. Legal Name:** If you have a preferred name, please let EMS know, but your legal name is important for your care records.
- Date of birth.
- Very specific information about your injury or illness; there will be many questions.

Always have your Brown-sponsored ID with you. Identification is necessary in emergency situations.

Consent for Care and Looping in Parents/Guardians

If you are UNDER the age of 16:

- You are not legally able to make medical decisions in the State of Rhode Island without permission from a parent or guardian.
- You or EMS will contact your parent(s) or guardian(s) so they may assist with making medical decisions and provide legal consent.

If you are OVER the age of 16:

- You are legally able to make some medical decisions without permission from a parent or guardian.
- Talking to home before making decisions is always the best approach, regardless of your legal status.

All Pre-College students require a staff chaperone when going off campus for care.

SELF-CARE RESOURCES

Minor Injuries:

- [Wound Care Support](#)
- [Suture / Steri-strip Care](#)
- [Ankle Sprain Management](#)
- [Crutches Usage Guide](#)
- [Hives Support](#)

Minor Illnesses:

- [Seasonal Allergies Support](#)
- [Headaches Support](#)
- [Sinus Infection Reference](#)
- [Flu Reference](#)
- [Upper Respiratory Infection \(The Common Cold\)](#)
- [Viral Gastroenteritis \(Stomach Flu\)](#)
- [Pain and Fever OTC Medications](#)

Pharmacy Care Options

- **Brown Pharmacy:** 450 Brook Street (at the Wellness Center);
Open Mon-Fri 8 a.m. to 4 .p.m.; 401-863-7882
- **CVS Pharmacy:** 291 Thayer Street (corner of Cushing);
Open Daily 7 a.m. to midnight; 401-331-1970

Brown University Pharmacy Overview

Located downstairs from Health Services at 450 Brook Street. The pharmacy carries a variety of over-the-counter products including:

- Pain and fever medications
- Cold, cough, and allergy medications
- Digestive remedies
- Eye and oral care supplies
- First aid supplies, wound care, and orthopedic braces
- Vitamins and wellness supplements
- Lotions, sunscreens, and insect repellent

Medication Guidelines

- Medications should always be taken exactly as indicated on the product label.
- Do not take a medication if you have had an allergic reaction to it in the past.
- Use a translator service to determine what a medication is called in the language you speak at home. You can ask a Pre-College staff member to connect you to a translator.
- Do not take aspirin if you are under the age of 20; it can have rare but serious side effects.

About Brown University EMS (BEMS)

- Staffed predominantly by Brown University students who are licensed EMTs.
- Primary role is to provide EMERGENCY medical care.
- There is NO CHARGE for students for services or transport.
- The BEMS ambulance (nicknamed “Big Bear”) can provide the same level of care as any local fire department.

