### Bear Cub Wrestling & Sports Camp at Brown University

**Daily Arrival Time & Location**  
**Full Day Campers Daily Departure Time & Location**  
**Half Day Campers (mornings only) Daily Departure Time & Location**

<table>
<thead>
<tr>
<th>Time</th>
<th>Location</th>
<th>Time</th>
<th>Location</th>
<th>Time</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>8:00 - 9:00 am</td>
<td>@ Pizzitola Sports Center Wrestling Room (3rd Floor) (233 Hope Street, Providence, RI 02906)</td>
<td>4:00 pm</td>
<td>@ Pizzitola Sports Center Wrestling Room (3rd Floor) (233 Hope Street, Providence, RI 02906)</td>
<td>12:00 pm</td>
<td>@ Pizzitola Sports Center Wrestling Room (3rd Floor) (233 Hope Street, Providence, RI 02906)</td>
</tr>
<tr>
<td>8:30 - 9:00 am</td>
<td>(Days 2 - 5)</td>
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</tbody>
</table>

**Camper Drop-off Parking Lot**  
*(10 Minute Parking – Open 1 Hour Before the Start of Camp & After Check-Out)*

Lot 2, located off Hope street will be open to parents dropping off and picking up campers one hour prior to the beginning of camp and one hour at the end of camp each day. Due to the limited size of this lot, parking will not be allowed for durations exceeding 10 minutes. If you plan on parking for longer, please use one of the surrounding streets.

**Street Parking**  
*(Recommended For Those Planning to Stay Longer Than 10 minutes)*

Parents can park on surrounding streets such as Hope Street, Arlington Avenue, Lloyd Avenue, Bowen Street and Brook Street. Please be mindful of all posted parking restrictions and regulations that apply to these parking spaces.
CHECK-IN PARKING MAP  (Brown Sports Camps are not responsible for any ticket received while you are at camp. Please read carefully.)

Check-In Location
Pizzitola Sports Center
Wrestling Room 3rd Floor
(233 Hope Street, Providence, RI 02906)

Paid Parking
(450 Brook St, Providence, RI 02906)

Camper Drop-Off/Pick-Up Lot*
(See below)

Street Parking
Can be found on surrounding streets such as:
•  Hope Street
•  Arlington Avenue
•  Lloyd Avenue
•  Bowen Street
•  Brook Street
Please be mindful of all posted parking restrictions and regulations that apply to surrounding streets.

*Camper Drop-off/Pick-up Parking Lot
(10 Minute Parking – Open 1 Hour Before the Start of Camp & After Check-Out)
Lot 2, located off Hope street will be open to parents dropping off and picking up campers one hour prior to the beginning of camp and one hour at the end of camp each day. Due to the limited size of this lot, parking will not be allowed for durations exceeding 10 minutes. If you plan on parking for longer, please use one of the surrounding streets.
WHAT TO EXPECT THE 1ST DAY OF CAMP

Camp Check-In
You will follow the “Brown Sports Camps” signs to Pizzitola Sports Center where you will see a series of tables. You must check in at each table before you are able to participate in camp activities.
- Table 1: Check-in by giving the camper’s name. We will confirm that all of the required paperwork has been completed.
- Table 2: Coach’s Table

Approved Camper Check-Out List
In order to provide campers with the safest environment possible, we are implementing an Approved Camper Check-Out List. During camp registration you were asked to provide a list of approved persons to pick-up your son or daughter from camp. If you would like to add a name to this list, please inform the check-in table on the first day. If you would like to make changes after this point, please email SportsCamps@Brown.edu

Meals
Lunch will not be provided. Please bring your own lunch to camp. The camp store that will sell snacks and camp gear throughout the day.
# CAMP SCHEDULE

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
</tr>
</thead>
<tbody>
<tr>
<td>8:30 – 9:00 am</td>
<td>Drop off/Check in</td>
</tr>
<tr>
<td>9:00 - 9:15 am</td>
<td>Attendance Announcements</td>
</tr>
<tr>
<td>9:15 – 10:15 am</td>
<td>Wrestling technique</td>
</tr>
<tr>
<td>10:15 – 10:25 am</td>
<td>Water break</td>
</tr>
<tr>
<td>10:25 – 11:25 am</td>
<td>Wrestling competition (&quot;live&quot; wrestling and drills)</td>
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<tr>
<td>11:30 – 12:30 am</td>
<td>Lunch (Half day camp leaves during lunch)</td>
</tr>
<tr>
<td>12:45 – 2:30 pm</td>
<td>Team Sport Elective (kickball, soccer, wiffleball, dodgeball, etc)</td>
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<tr>
<td>2:45 – 3:30 pm</td>
<td>Swimming at the Nelson Fitness Center</td>
</tr>
<tr>
<td>3:30 – 4:00 pm</td>
<td>Dismissal</td>
</tr>
</tbody>
</table>

(subject to change)

*Pool times may vary throughout the camp

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## What to Bring

- Workout gear
- Wrestling shoes (optional)
- Sneakers
- Headgear (optional)
- Knee-pads (optional)
- Mouthpiece (optional)
- Clothes to change into after the morning wrestling session
- Towel, swimming suit, flip flops (optional)
- Spending money for snacks and camp gear

~T-Shirt included for all participants. Other camp apparel will also be available to purchase throughout the camp.
REFUND POLICY

48-hour Registration Grace Period: If you register for a camp in error and subsequently would like to cancel your registration, you must notify us via email at sportscamps@brown.edu within 48 hours from the time you registered. A full refund will be given provided written documentation is received within the 48 hour window.

Refunds are only permitted up to 30 days before the start of camp. For commuters and day camps a refund may be granted, less a $100 administrative fee. For residential camps a refund may be granted, less a $250 administrative fee.

After the 30-day window, only requests supported with proper medical documentation demonstrating illness or injury that prevents the camper from participating in camp will receive a refund minus the administrative fees. No refunds are provided for a camper that departs camp early for any reason including injuries sustained at camp.

All requests for refunds must be submitted in writing via email at sportscamps@brown.edu and must be received no later than seven (7) days after the completion of the sports camp. Any requests submitted more than 7 days after the camp will not be accepted and you will forfeit your camp fees.

Please note: Non-refundable payments for campers who withdraw may not be converted to a donation to the University.

CAMP TRANSFER POLICY

Campers may transfer to a different sports camp within the same sport, coaching staff, within the same summer without penalty provided there is available space. All requests for transfers must be submitted in writing via email at sportscamps@brown.edu. The difference in fee must be paid by the camper, or if of less value, will be refunded.

A camper's registration may not be transferred to a camp that is not currently listed on the Brown Summer Sports Camps website.